

# Improve population health and bring care closer to the patient with an end-to-end virtual care platform



Virtual healthcare technologies, including telehealth and remote patient monitoring (RPM), have enabled healthcare systems to extend patient care beyond the four walls of hospitals and clinics. In 2019, Spyglass Consulting Group reported that 88% of US-based providers were investing in RPM apps.

#### **Features**

- Supported by the nation's best¹ and fastest² network
- Enhanced data analytics and platform/device management from AT&T Business
- Ready-to-use RPM kits with staging and kitting, sent directly to homes
- Integration into healthcare applications such as electronic health records
- Monitors vital signs with integrated medical devices
- Records nutrition through voice inputs or barcode scanning
- Tracks medication adherence and provides reminders
- · Delivers video calls and photo sharing
- Facilitates two-way messaging through a HIPAA-secure portal

#### **Potential Benefits**

- Improves patient outcomes
- Helps reduce preventable readmission rates
- Improves star ratings in lowest cost setting
- Reduces time to intervention for chronic disease management
- · Helps minimize the cost of care

<sup>1</sup>According to America's biggest test as announced by Global Wireless Solutions in 2019.

<sup>2</sup>Based on analysis by Ookla<sup>®</sup> of Speedtest Intelligence<sup>®</sup> data average download speeds for O1 2019



# Provide care when and where patients need it most, and improve point-of-care decisions

AT&T Business offers healthcare professionals a fully-integrated RPM and telehealth solution that combines the fast, reliable network, enhanced data analytics and simplified device management from AT&T Business, with a readymade virtual care platform. With this end-to-end, easy-to-implement solution, physicians can remotely monitor patient vitals such as temperature, blood oxygen levels, and blood pressure; securely connect with patients via video; and create escalation paths and alerts to triage patients. The solution enables a highly secure connection with patients via video, survey and screen patients via questionnaires, allows the ability to automatically patient vital threshold alerts, and creates escalation paths and alerts to triage patients.

#### The AT&T Business difference

In the Healthcare industry it is imperative that most of your time is spent in patient care and that you have a reliable network connection. AT&T Business enhances the platform with highly secure network connection to help ensure your caregivers are able to provide care to patients when and where they need it most on a network that you can count on. Also, you will have access to a robust data analytics platform that allows you to take patient information and create actionable insights to help improve patient outcomes. Along with connectivity and enhanced data analytics from AT&T Business, staging and kitting provides the ability to streamline operations with ready-to-use RPM kits that can be sent directly to patient homes.

#### Telehealth and RPM end-to-end solution: helping improve healthcare outcomes

An end-to-end, ready-to-use virtual care platform for telehealth, remote patient monitoring, activity tracking, personal emergency response System (PERS), and fall detection.





Highly Reliable Mobile Connectivity A reliable mobile connection with highly secure messaging



Premier Platform Utilize Premier to manage SIM provisioning and billing control



#### Tablets and devices

Enable RPM platform by providing a tablet from AT&T Business with every RPM kit to monitor patient vitals and connect peripherals via Bluetooth



# Virtual care platform

Bring care to the home with the ability to provide virtual care and track vitals such as temperature, blood pressure, etc.



# Staging and Kitting

Easy setup of RPM kit for providers for a good patient experience



# AT&T Business Consulting

Expertise for integrating with EMR and other platforms



#### For patients

- · Vital signs are easily recorded via Bluetooth Low Energy medical devices or manual inputs.
- Patients can manage their daily medications and set medication reminders.
- Medication reminders help keep patients compliant with their care plans.
- · Video calls, photo sharing, and in-app messaging enable remote care.
- Daily nutrition information is tracked through simple barcode scans or patient inputs.
- All health information is securely shared with clinicians for remote viewing.



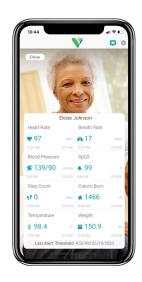


### For practices

- Review patient vitals and health data remotely.
- Message patients securely from the portal.
- Conduct two-way video and audio calls with patients, with photo sharing from patient to provider.
- Customize settings for threshold breaches of vital signs.
- Set automatic timers to record time spent on patient data review and patient interaction.
- · Adhere to HIPAA security and privacy requirements.

# For loved ones and family members

- · View streaming and historical readings of patient vital signs.
- View loved one's daily nutrition to monitor for healthy nutrition and make modifications as needed to meet weight loss and health goals.
- Set medication reminders to be pushed directly to the app.
- Send messages to the app for gentle reminders of doctors' appointments, prescription information, or vital signs readings.





Contact <u>AT&T Business</u> for more information.